



POINSUR GYMKHANA

Where always Winners are Born

Wrestling Tournament



Nation Progresses when Youth Performs !

30TH NOV - 8TH DEC 2019

Weight Category	BOYS : 32 kgs, 36 kgs, 42 kgs, 48 kgs & 52 kgs GIRLS : 30 to 33 kgs, 36 kgs & 39 kgs MEN : 57 kgs, 61 kgs, 65 kgs & 66 to 75 kgs WOMEN : 40 to 45 kgs & 46 to 55 kgs.
Event Day & Date & Timing	Thursday 5th Dec 2019 3.00 pm to 9.00 pm Friday 6th Dec 2019 3.00 pm to 9.00 pm Saturday 7th Dec 2019 3.00 pm to 9.00 pm
Last date of Submission of Entry Form	2nd December 2019
Entry Fees	Rs. 100/- Per Participant
Fixtures Display Date	4th December 2019
Prizes	<ul style="list-style-type: none">• Gold, Silver & 2 Bronze Medals will be awarded with Honour Certificates in each age & Weight category of Boys, Girls, Men & Women.• Participation Certificate will be awarded to All Participants.
Prize Distribution	Sunday 7th December 2019 at 9.00 pm onwards

RULES & REGULATIONS

- Matches will be played as per the laws of Maharashtra State Wrestling Association.
- Participant should participant with proper Wrestling Costumes.
- The age group of Junior Players should be less than 17 years as on 31st December 2019
- Participant should produce their Birth Certificate / Age proof at the time of weight.
- If Participants is absent during the weighing in process the participants will not be eligible to participate.
- If any participant found over age or any manipulation, participant will be disqualified without any prior intimation.
- No body piercing and accessories will be allowed to wear during the match.